

Compass Scotland appoints Nutrition and Sustainability Lead

3 years ago



Compass Scotland has appointed Emily Robinson (RNUTR) as senior nutritionist and sustainability lead.

In this new role for the business, Emily is responsible for the delivery of nutrition and sustainability education for employees, clients and consumers across all Compass Scotland sites, including schools, workplaces and venues.

Working with the central nutrition team, and the culinary team in Scotland, Emily will develop and deliver a wider strategy to incorporate and develop a Scotland centric approach. She will also support the food offer with her expert knowledge of Scottish Government legislation around food and nutrition.

A Registered Nutritionist with the Association for Nutrition, Emily has worked for Compass Group UK & Ireland for three years. She first joined the company as regional engagement manager and nutritionist for Compass's education subsidiary, Chartwells UK in the South of England in 2019, before becoming regional nutritionist in 2020. Prior to joining Compass, she worked as an Associate Nutritionist for organisations including the British Nutrition Foundation.

Having spent three years working for Chartwells in England, Emily will be a local support for the Chartwells schools in Scotland to deliver the award-winning *Beyond the Chartwells Kitchen* food, nutrition and sustainability education programme to young people, aged from 4-18 years. As well as schools, she will also deliver education sessions for clients and employees, and play an integral role on the employee mental health programme.

A key part of this role is focused on sustainability. Emily will be looking into the COP26 legacy, following Compass Scotland's role supporting catering and cleaning at the event. She will be working with suppliers

and culinary teams looking at ingredients and menus to see where changes can be made for clients.

Compass has ambitious Net Zero targets, with Compass Group UK & Ireland announcing a commitment to reach Climate Net Zero by 2030. Emily will be supporting this through the successful execution of the UK Health and Wellbeing Strategy and Compass' Climate Promise and Roadmap to Net Zero.

Originally from Nairn, Emily has moved back to Scotland from London to take on this new role within Compass Scotland.

David Hay, managing director of Compass Scotland, said: "We're thrilled to welcome Emily back to Scotland and have her on board in this exciting new role. We are focussed on delivering our health and wellbeing and sustainability agendas, and Emily will be ensuring a companywide strategy specifically for our Scottish portfolio. This appointment demonstrates our commitment in these areas and we are looking forward to building our momentum further."

Emily said: "Being a brand new role for Scotland, my aim is to gain a clear vision on what our clients and customers are looking for when it comes to wellbeing and sustainability, as well an understanding of the focus and anticipated actions of the Scottish Government. My ambition is to help drive positive, evidence-based change in education, menus, behaviour and wellbeing among children and adults in Scotland."

Emily is also part of Compass' Women in Food initiative, which aims to support and develop female talent, as well as helping to create an inclusive environment where everyone can thrive.

For more information, please visit: www.compass-group.co.uk/compass-scotland

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