

Morgan Sindall Property Services Signs Mental Health At Work Commitment To Improve And Support The Mental Health Of Their Employees

4 years ago

MENTAL HEALTH AT WORK COMMITMENT

Morgan Sindall Property Services (MSPS) signed the Mental Health at Work Commitment, demonstrating their ambition to develop a workplace environment and culture where all employees can thrive.

By signing the Mental Health at Work Commitment, MSPS has committed to achieving better mental health outcomes and a genuine longer-term positive impact on staff's wellbeing, joining a growing movement of over 1000 organisations including: Avon Cosmetics, B&Q, Barclays Bank, BT, Bupa UK, Deloitte UK, Hewlett Packard Enterprise, Historic England, Marks and Spencer, Pets at Home, Santander UK, Save the Children UK and many more.

Developed with the knowledge and expertise of mental health charities, leading employers and trade organisations, the Mental Health at Work Commitment provides a simple framework for employers who recognise the importance of promoting staff wellbeing. This framework sets out six clear standards based on what best practice has shown is needed to make a difference and better equip employers to create an environment where employees can thrive.

Alan Hayward, Managing Director, Morgan Sindall Property Services said: "We have signed this commitment to highlight the importance of developing an approach to mental health at work that protects and improves mental health for everyone. We have increased our communication and provided a range of resources, training, and guidance to support the mental health of employees and to promote their

wellbeing. Going forward, we will be rolling out mental health training for all of our line managers and will continue to foster a culture, where employees feel able to talk openly about mental health issues and are aware of the support available."

Andrew Berrie, Mental Health at Work National Lead said: "We're delighted to see Morgan Sindall Property Services sign the Mental Health at Work Commitment. By embedding our six standards in the way they operate, Morgan Sindall Property Services are demonstrating a real commitment to supporting the mental health of those in their workplace."

"We know it can be hard to talk about mental health and seek support, which is why public commitments such as this one is so important. With issues like stress, anxiety and depression common across all employers, regardless of size or sector, we want to see every employer recognise and address any work-related causes of poor mental health among their staff and it's fantastic to see organisations like Morgan Sindall Property Services taking the lead."

In a survey of UK adults conducted by Business in the Community in partnership with Bupa in 2020, only one in two (51%) of employees say they feel comfortable talking about mental health in the workplace, whilst two in five (39%) report they have experienced a work-related mental health issue in the last year.

The cost of poor mental health to UK employers has been estimated to be between £42 billion and £45 billion, according to the Mental Health and Employers Report published in 2020 by Deloitte and investment in workplace support and interventions remains a key issue.