

Hygiene gripes put off third of workers from returning to the office

3 years ago



Workers more worried about cleanliness of desks and kitchen than bathrooms while male colleagues voted as worst offenders of hygiene "crimes" by nearly a fifth of respondents.

New research from leading workspace cleaning and hygiene firm, OSCFM (Office Space Cleaning Facilities Management), has revealed some of the biggest office hygiene gripes amongst UK workers.

In recent months, concerns around COVID have been blamed for hesitancy among workers to return to the office, but OSCFM's research suggests that basic hygiene gripes could be the greater obstacle, stopping over a third (36%) from returning.

Most common hygiene gripes

The findings of OSCFM's survey shed light on the most frustrating hygiene and cleanliness issues for workers across UK offices. Notably, most are concerned with food-related uncleanliness rather than COVID-driven anxiety.

More than a third of respondents identified desks and workstations as the untidiest areas of the office (34%) – with kitchens and washrooms tying for second place (27%). This may come as a surprise to some, but with research finding desks 400 times dirtier than the average toilet seat – with 10 million bacteria on average living on them – this hygienic negligence is a genuine cause for concern.

The top five workplace hygiene gripes are:

Leaving the microwave dirty from food (56.72%)



- Used plates and cutlery left at desks (54.62%)
- Stacks of used mugs at desk (40.34%)
- Leaving food on the desk (40.34%)
- Dusty or dirty workstations (38.24%)

A notable mention must also go to the alarming finding that over a third (35.86%) cited colleagues' poor personal hygiene as a major gripe.

Worst offenders

Survey respondents also voted for the worst offenders of office cleanliness "crimes". Interestingly, male colleagues were cited as the greatest offenders by nearly a fifth, whilst only 4% of people chose female colleagues. The top five groups were as follows: male colleagues (17%); senior management (12%); full-time office workers (10%); junior team members (9%); female colleagues (4%).

Those in glass houses

While respondents pointed the finger at their fellow workers, a quarter admitting to leaving stacks of used mugs at their desks. Moreover, whilst over half of respondents are frustrated by colleague cleanliness, the majority of people (59%) do not raise workplace hygiene issues with co-workers – perhaps choosing not to throw stones from glass houses.

The results of OSCFM's survey beg the question as to whether high standards of office etiquette around tidiness and hygiene have been impacted by long term home working during COVID. Regardless, poor workplace hygiene is clearly impacting people's decision to commute to work. Firms should therefore examine their approach to cleaning if they want a successful return to the office.

James Carver, MD at OSCFM, said: "With our survey revealing that a third of UK workers are put off returning to the office due to cleanliness concerns, businesses should note that improving workplace hygiene can be a significant and often overlooked driver causing employees to choose to work from home.

Untidy workstations and used plates and cutlery being left on desks seem to be the most common hygiene gripes – so workers and employers alike bear the responsibility of keeping their offices clean, for the sake of creating a healthier, more hygienic and productive working environment for all."