

## Launch of Lunch at Work podcast

2 years ago



[Bartlett Mitchell](#) has launched 'Lunch at Work' – our own podcast, so called to provide practical advice for businesses to improve their workplace environments.

Aiming to showcase innovative and creative solutions for workplace challenges, such as improving employee satisfaction, boosting productivity, and reducing costs, the first episode of the podcast has gone live today with one episode initially being published every month.

The long-format conversations, which will also be viewable as a video, will see joint MDs Angus Brydon and Antony Prentice interview innovators and disruptors, experts in related fields, industry thought leaders and inspirational businesspeople.

### The First Episode

The first episode features former professional cricketer [Neil MacLaurin](#) discussing how lessons from the sports dressing room can translate to the board room, with future episodes already lined up with; change and transformation director and global SVP of business services company Experian Ian Kennedy; environmental entrepreneur Mark Jankovich, founder and CEO of Delphis Eco cleaning products.

Also appearing on the podcast will be Lucy Jeynes, voted one of the 20 Most Influential Women in facilities management and founder of the Women in FM network; and Vanessa King, board member of charity Action for Happiness and an expert in the practical application of the psychology of wellbeing and resilience in organisations.

[Antony Prentice](#), Joint Managing Director BM said: "Working behind the scenes at so many top organisations, we've gleaned some amazing insights from some of the business world's top professionals over the years.

"With everyone looking at how they can better attract, retain and develop their people, we thought we'd

share some of those insights to help support directors and managers from any sector to improve and cultivate a positive workplace culture.”

The podcast will be available to view on [YouTube](#) and across all major podcast platforms and is being produced by Michaela Mulvey, BM’s digital marketing manager.