

## Strategic collaboration designed to enhance mental health at work

3 years ago



A new partnership between The Insight Centre and The University of Derby Work Health Hub has been announced.

It aims to provide expert support for businesses that want to create mentally healthy work environments.

The Insight Centre, Midlands-based provider of business and leadership coaching, is joining forces with the University of Derby's Work Health Hub, an online membership platform supporting mental health and wellbeing in the workplace, in a new strategic collaboration.

The partnership will provide the hub with access to experienced coaches and experts. These resources will be available on referral to subscribing members, ensuring career and business development can go hand in hand with supporting mental wellbeing.

Collaboration between the two partners will ensure clients receive comprehensive support tailored to their specific needs, according to the official press release.

The Insight Centre co-director Alex Morgan said: "We are thrilled to partner with The University of Derby Work Health Hub. This collaboration allows us to combine our expertise and resources to provide a more holistic approach to mental health and professional growth. Together, we will empower organisations to create mentally healthy work environments, encourage individuals to prioritise their own well-being, as well as support the well-being of their colleagues and employees."

University of Derby head of business engagement and employability Adam Doyle said: "This is a fantastic example of the University working with specialists to provide much-needed support to drive positive change for employees and organisations."



Both organisations are committed to driving positive changes to mental health in the workplace. By combining their resources they will aim to enhance mental health awareness, support and leadership development for their clients. Those wishing to register for the hub can do so here:

[www.theworkhealthhub.co.uk](http://www.theworkhealthhub.co.uk)