World Mental Health Day 2023

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World Mental Health Day 2023 takes place today (10th October). The aim is to highlight the need to increase investment in mental health. The theme for 2023, set by the World Foundation of Mental Health, is 'Mental health is a universal human right'.

Around one billion people worldwide have a mental health condition or disorder and anyone, anywhere, can be affected.

Premier Technical Services Group Ltd (PTSG) has always striven to stay ahead of the curve in promoting mental health amongst its workforce. There are now over 20 fully trained Mental Health First Aiders strategically situated throughout the UK, enabling any of the Group's c2,700 people to access help at any time, in confidence. The company takes a holistic approach to health, treating physical and mental health as one.

Jo Mansell, Chief Human Resources Officer at PTSG, said: "We want each and every one of our team members to feel safe, well and enabled to do their best work at all times. That is why we are committed to providing everyone across the Group with a progressive and inclusive place to work where they are able to be themselves, deliver well and make a positive contribution in achieving our corporate objectives. All of our colleagues are encouraged to live our values as they develop and achieve their full potential.

"World Mental Health Day is a great way to mark and remind everyone about this very important subject, but we firmly believe it is something that we must keep ahead of at all times as we support our people at work and with any challenges they may face at home – it should never come as an afterthought or a formality."