

## <u>Steamplicity team celebrates Christmas</u> with Herts Musical Memories charity

2 years ago



Herts Musical Memories, celebrated Christmas early this year, with the support of <u>Compass Group UK &</u> <u>Ireland's Steamplicity team, with Christmas lunch at The Stanborough Centre, Watford.</u>

Herts Musical Memories operates across Hertfordshire, delivering singing sessions for people living with dementia and their carers, aiming to create meetings that are fun and engaging. The group hope attendees that come along regularly will benefit from improved sociability, increased self-confidence and decreased anxiety, as well as creating a connection between familiar songs to stimulate their memories.

This is the second time this event has taken place and this year's event saw 25 people being served a traditional Christmas dinner of roast turkey, served with trimmings including sage onion stuffing, a pork sausage, roast potatoes, root vegetable mash, Brussels sprouts and gravy. Each guest was also treated to a box of chocolates from the team.

The group came together to sing and celebrate this festive season, being served Steamplicity meals which use an innovative cooking system, to cook fresh and raw ingredients in minutes.

Kerry Brabant, CEO of Herts Musical Memories, commented: "We were delighted to welcome back Steamplicity to our Watford Singing Group. We would never be able to provide our members with a lovely, cooked Christmas Lunch – it means so much to our members making our Christmas Session so much more festive and special. Thank you so much –I know the members had a fantastic time."

John Harvey, National Accounts Manager, Steamplicity commented: "This was a wonderful event and we were proud to support the work of this very special group, who work tirelessly all year round to bring joy and memories through singing. Our donation of meals seemed to be enjoyed by all and we enjoyed the



singing! We wish everyone a great Christmas."