

## Mears Group achieves Silver in Mind's Workplace Wellbeing Awards

1 year ago



[Mears Group](#) has been recognised with an award for its commitment to workplace wellbeing.

Mears Group was recognised with a Silver Award in Mind's eighth annual Workplace Wellbeing Index. The Silver Award means Mears has made demonstrable achievements in promoting staff mental health in the workplace.

Mind's Workplace Wellbeing Index is a benchmark of best policy and practice, celebrating the good work employers are doing to promote and support positive mental health, and providing key recommendations on the specific areas where there is room to improve.

Jo Fry, Group HR Director, Mears, said: "We're delighted to have been recognised by Mind with a 'Silver' award. By participating in Mind's Workplace Wellbeing Index, we have made a long-term commitment to supporting the mental wellbeing of our staff. We're pleased with the findings, but going forward, will be using the results and recommendations to build on our success and continue to improve our approach and support we offer to our colleagues."

Andrew Vale, Director of Commercial Income at Mind, said: "We're thrilled to celebrate organisations such as Mears Group, who have demonstrated to their staff that they value and support their wellbeing as a priority. Good mental health is vitally important in the workplace. We spend a huge amount of time at work, and it can – and does – have an impact on our mental health. That's why the commitment that Mears has made to their employees is really significant in ensuring people can get the mental health support they might need.

"Our Workplace Wellbeing Index continues to be the gold standard for mental health and wellbeing best

practice in the workplace. This year's Index took place against ongoing challenges, with political uncertainty at a high and legislative changes on the horizon. With this in mind, it's important we continue to prioritise the mental health and wellbeing support we offer at work."