

# Aramark UK Partners with YoungMinds to Support Mental Health in Education & Health

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**Aramark UK's** Education & Health sector is proud to announce its new charity affiliations with **YoungMinds**, a leading mental health charity dedicated to supporting children, young adults, and their support networks.

This partnership, which commenced earlier this month, reflects Aramark UK's commitment to making a positive impact in the communities they serve. According to the latest Mental Health of Children and Young People survey, 1 in 5 children and young people aged 8 to 25 years have a probable mental health condition. Aramark UK has committed its time and resources to support YoungMinds to help tackle this critical issue.

Aramark will raise awareness and funds for YoungMinds, while also training and supporting its own teams to enhance mental health support for students and young lives on a national basis.

Fiona Martin, Managing Director of Education at Aramark UK, expressed her enthusiasm for the collaboration: "We have spent a long time finding a charity that we believe is a perfect fit for our sector and could not be happier to be working with YoungMinds. Mental health is a cause that deeply resonates with our teams, who often witness firsthand the challenges young people face. Together with YoungMinds, we aim to extend our support and make a difference together."

Michelle Kerrigan, Head of Relationship Development at YoungMinds commented: "We are delighted to work with Aramark UK. Their commitment to mental health and proactive support for young people is

inspiring. The funds raised and awareness generated will enable more young people to access the support they need. Through this collaboration we can create meaningful social value.”

Working together, Aramark UK and YoungMinds are committed to creating a brighter, healthier future for the next generation.