

Sociable workplaces boost employee happiness and productivity

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A new report by [Compass Group](#) reveals that fostering a sociable workplace culture can significantly improve employee satisfaction, loyalty, and productivity.

The study, titled “The Power of Socialisation,” surveyed over 30,000 workers and students worldwide to understand the attitudes and preferences of today’s workforce.

Key findings from the report include:

- Socialisation enhances employee well-being: Employees who socialise at work are happier, more connected, and less likely to take sick days.
- Inclusive events attract talent: The days of alcohol-centric office parties are over. Inclusive events that cater to diverse tastes and preferences are essential for attracting and retaining top talent.
- Socialisation boosts productivity: Employees who socialise are more likely to feel engaged, collaborate effectively, and meet deadlines.
- The importance of social spaces: Creating inviting and well-designed social spaces can foster a sense of belonging and encourage employees to come into the office.

Other key findings:

- Employees who socialise at work are more likely to understand their company’s vision and goals.
- Friendships at work are just as important as friendships outside of work.
- Lonely employees are more likely to leave their jobs.
- Employees want both organic and planned social connections.

Deb Lee, Chief People Officer of Compass Group PLC, said: “In a world where the workers of tomorrow

prioritise wellbeing, happiness and inclusivity, 'The Power of Socialisation' report highlights that enabling powerful moments of social connection at work is a necessity. Gen Z will make up over one quarter of the global workforce by 2025 and employers cannot ignore their priorities when attracting and retaining talented colleagues.

“Our study highlights the many ways companies can help employees feel connected to each other and their employer by cultivating the perfect moments for socialising. By having an intentional sociable culture and creating inclusive spaces and experiences at work we can help address employee loneliness and declining loyalty, and see more people enjoy coming to the workplace. Bringing employees together over inspirational food and drink is the glue that creates the perfect sociable moment at work.”