

British Safety Council and Tim Marsh join forces to publish new collection of his 'musings' on health, safety and wellbeing

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British Safety Council has teamed up with Dr. Tim Marsh, a world-leading safety psychologist, to publish a collection of his writing on health, safety and wellbeing.

Called *Tim Marsh's Musings: Wisdom and Wit from a Safety Psychologist*, the book is a selection of Tim's best articles from the last decade or so, and is being launched at the SHW Live event in Manchester, which takes place on 22 and 23 January.

Mike Robinson, Chief Executive of British Safety Council, said: "We are excited to be publishing this new book with Tim Marsh, and that the proceeds will go to support two mental health charities; Brawd and Mates in Mind. Tim's writing lends a voice to many of the challenges workers face all around the world. These are issues that supervisors, line managers, and C-suite leaders must grapple with if they want to create the safer and healthier workplaces of the future in which every worker can thrive.

"We share the same vision with Tim that, to create a safer, healthier and happier future for all workers, we must adopt a holistic approach to health, safety and wellbeing. Through his writing, Tim turns this into practical, insightful and amusing tips we can all benefit from."

Using a combination of humour and hard-hitting truths, Tim takes the reader on an entertaining yet educational journey through the hottest topics in health, safety and wellbeing, both past and present. Tim has long been an advocate for taking an integrated approach to health, safety and wellbeing, as has British Safety Council.

All the proceeds raised from readers' donations to download or receive the book will be evenly split between Mates in Mind – a sister charity to British Safety Council which works to support better mental health in the construction, transport and logistics sectors – and Brawd, a Welsh mental health charity close to Tim's heart that supports men's wellbeing through positive engagement.

Tim Marsh added, "Collating these articles, old and new, has been a fascinating way of retracing the evolution of thinking about safety over the decades. From the, now, total acceptance of culture as key through to the emergence of our understanding that wellbeing, mental health and general mindset are vital risk factors that also need the most practical, constructive and pro-active approach possible. My first job as a psychologist was looking at suicides in the military 30 years ago. It means for me my career has come full circle – and so I'm thrilled that to partner the venerable British Safety Council in this venture as we seek to raise money for two wonderful mental health charities".

Tim Marsh is a leading authority on behavioural safety, safety leadership and organisational culture, having helped pioneer groundbreaking research on behavioural safety in the UK construction industry in the early 1990s. He has worked tirelessly to inform businesses around the world about how to improve workplace safety, and is one of only a handful of Chartered Psychologists who are also Chartered Fellows of IOSH.

Tim was made visiting professor at Plymouth University in 2015 and has written dozens of articles for renowned health and safety magazines, including Safety and Health Practitioner, Safety International and British Safety Council's *Safety Management*.

Tim Marsh's Musings: wisdom and wit from a safety psychologist can be downloaded, once a small donation has been made, from this link: [Tim Marsh's Musings – Wisdom and Wit from a Safety Psychologist – JustGiving](#).