

Latest episode of British Safety Council's new 'Health and Safety Uncut' podcast focuses on neurodiversity in the workplace

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<u>British Safety Council</u> has released the third episode of its new podcast, Health and Safety Uncut, which takes a look at neurodiversity in the workplace.

A <u>UK Government-led review</u> last year found that "... Only 3 in 10 autistic people of working age are in employment. This means that 7 in 10 of them are unable to access the independence and fulfilment that employment can bring. It also means that employers, and the wider economy, are missing out on the skills and energy that autistic people could be contributing, to the detriment of us all."

Hosted by Dr. Shaun Davis, Group Director of Safety, Health and Wellbeing at Belron International, the episode, titled 'Neuro-inclusion in the workplace: the what, why and how' features Jigna Patel, Chief Technical and Operations Officer at British Safety Council, who is responsible for health, safety and wellbeing, and sponsor of the Build Better Belonging group at British Safety Council.

Jigna and Shaun discuss a broad variety of questions around neurodiversity, including key facts about neurodiversity in the workplace and why employers need to talk about it, challenges faced by neurodiverse individuals, and the legal and ethical considerations for organisations. The episode also highlights Jigna's advice on how organisations can make a difference for their neurodiverse colleagues, and suggestions for how employers can better understand neurodivergence in their workforce.

Paul Fakley, Marketing and Impact Director at British Safety Council, commented: "Health and Safety Uncut is a great way to get under the skin of health, safety and wellbeing issues. Whether you're looking



for new insights and information from experts and specialists, want to broaden your knowledge, or simply hear something new and engaging about health, safety and wellbeing issues, this podcast is for you."

<u>Health and Safety Uncut</u> features leading industry experts and takes a deep dive into a wide range of topics, from neurodiversity in the workplace to the dangers of asbestos, how to prevent musculoskeletal disorders and issues relating to drugs and alcohol at work.

Listeners can listen and subscribe to each new episode of Health and Safety Uncut, which are released on the first Monday of each month, here: https://open.spotify.com/show/19ZT9Cb03WmVNaVIU77HIM