

# Building Networks, Breaking Barriers: PTSG and Sodexo to Host Women in FM Event

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Building on the momentum of International Women's Day's 2025 theme of "Inspire Inclusion", [Premier Technical Services Group Ltd](#) (PTSG) and [Sodexo](#) are joining forces with [FM Business Daily](#) and [FM Connect](#) to create an inspiring event.

Moving beyond traditional corporate gatherings, the "Building Networks, Breaking Barriers" event, scheduled for 11 March 2025 at Sodexo's London headquarters, brings together inspiring speakers who understand and address the real challenges women face in the industry providing opportunity for connection, shared wisdom and real change.

The carefully curated programme tackles issues that many women in FM grapple with daily, from navigating career advancement and finding mentors to managing workplace wellbeing and creating meaningful social impact.

Lynsey O'Keefe, CEO of Corporate Services at Sodexo, will share her personal journey, offering practical insights and real-life wisdom. While Simone Fenton-Jarvis and Louisa Clarke, from Plan B Mentoring will talk about how to leverage mentorship for career growth.

The event doesn't shy away from addressing real challenges. In a candid fireside chat, Nicola Lathbury of FM Connect, Tanya Matthews from PTSG and Jehangir Ali from Equans will tackle the often-unspoken issue of imposter syndrome and confidence building.

The afternoon sessions include hormonal health in the workplace as Jenny Haskey CEO of the Menopause

Charity leads a discussion about Menopause. While Camilla Marcus-Dew from Amplify Goods and Niamh D'Arcy from Pads on a Roll, will close the day with inspiring stories about how to make social impact.

"This event represents a significant step forward in addressing the unique challenges and opportunities for women in facilities management," says Tanya Matthews Business Director at PTSG. "By bringing together industry leaders and creating a space for open dialogue, we're not just discussing change - we're actively working to create it."

Tanya continued: "At its heart, this intimate gathering is designed around three core principles: connection, wisdom sharing, and inspiration. Each session aims to create space for meaningful dialogue and authentic relationships to form, moving beyond surface-level networking to foster genuine professional bonds."

The partnership between PTSG, Sodexo, FM Business Daily, and FM Connect showcases the industry's collaborative approach to fostering positive change and creating more inclusive workplaces for all professionals.

The day will conclude with an after-party hosted by FM Connect, providing additional opportunities for attendees to connect. Tickets for the event are limited and are priced at £10 with all proceeds going to The Menopause Charity.

Men are also welcome to attend the event.

To register your interest and make your donation, please visit <https://www.paypal.com/paypalme/fmbusinessdaily>