

ABM Partners with Henpicked to boost menopause support in the workplace

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To mark this year's International Women's Day, [ABM](#) UK and Ireland, a leading provider of facility, engineering, and infrastructure solutions, has announced a partnership with [Henpicked](#): Menopause in the Workplace. Focused on raising awareness and promoting positive change around menopause, Henpicked provides training and accreditation for employers to become menopause friendly.

Through this collaboration, ABM will work towards official Menopause Friendly Accreditation, cultivating a culture of inclusion so that every team member feels seen and heard.

The Henpicked initiative has been spearheaded by ABM's Women at ABM impact group, a cohort of team members dedicated to championing women's contributions and leadership across the business.

As part of this commitment, Susan Mason, VP, Technology ABM UK & Ireland, has been appointed as the Executive Sponsor of the group, further strengthening ABM's focus on creating an equitable and inclusive environment.

The partnership will introduce a series of educational programmes, policy reviews, and leadership training to embed best practices for menopause support within the organisation. Through this collaboration, ABM aims to set a benchmark for workplace inclusivity, ensuring that employees have access to the resources and understanding needed to thrive.

Susan Mason, VP, Technology ABM UK & Ireland, says: "At ABM we are committed to ensuring that all employees in the UK and Ireland feel valued, supported, and empowered throughout every stage of their careers.

"Menopause is a natural life stage that affects a significant portion of our workforce, and it's imperative that we create an environment where open conversations are encouraged, and practical support is readily available. Partnering with Henpicked will enable us to equip our teams with the knowledge and tools to drive change."

The news comes as ABM launches a renewed, customer-centric Corporate Responsibility (CR) strategy for FY25. The partnership aligns to ABM's 'Empowering People' strategic pillar to tailor solutions for customers, foster a culture of ethics and compliance, advance organisational expertise, and develop an inclusive culture across ABM.

Sharon Vibert, Director at Henpicked, says: "We're delighted to partner with ABM on its journey to becoming a Menopause Friendly Accredited employer. By taking proactive steps to educate, support, and embed best practices, ABM is demonstrating a real commitment to ensuring an inclusive workplace where all employees feel valued and supported at every stage of their working lives.

"Menopause is a business issue, and forward-thinking organisations like ABM are leading the way in creating change."

Richard Sykes, SVP and President for ABM UK & Ireland concluded: "Menopause is something that affects so many people, yet it's still not talked about enough in the workplace. That's why our partnership with Henpicked is so important—it's about making real changes that will help our people feel more supported, informed, and confident. As we celebrate International Woman's Day, it's great to share this news and demonstrate the steps we are taking at ABM to drive change for our teams."

With over 12,500 employees across the UK and Ireland, ABM continues to provide industry-leading solutions to a diverse client base from both the private and public sectors.