

PTSG Strengthens Workplace Wellbeing with Targeted Training Across the Group

8 hours ago



[Premier Technical Services Group Ltd](#) (PTSG) has rolled out a series of new training initiatives to further embed wellbeing, resilience and inclusivity across its workforce — with a particular focus on mental health, menopause awareness, and supporting colleagues affected by cancer.

As part of its ongoing investment in workplace wellbeing, PTSG has equipped teams across the Group with new knowledge and peer-support networks designed to tackle some of the most sensitive challenges faced in the modern workplace.

Supporting Menopause in the Workplace

Six PTSG employees have now completed training as *Menopause Champions*, offering a dedicated peer-support function available to all colleagues. The initiative, led by Business Development Director Tanya Matthews, promotes greater awareness and understanding of menopause-related challenges, helping to reduce stigma and encourage practical workplace support.

Macmillan at Work Champions

A further 11 colleagues have completed Macmillan's *Workplace Masterclass*, gaining the tools to sensitively support team members affected by cancer — whether directly, as carers, or following a bereavement. The training equips participants with guidance on everything from compassionate communication to reasonable adjustments for long-term illness. This programme was supported by Sarah Steel, Operations Director for PTSG's Access & Safety Testing Division, and Group Health and Safety Director Terry Wilcock.

Expanding Mental Health First Aid (MHFA)

PTSG has also expanded its *Mental Health First Aid* network to 62 trained individuals following a recent session at its NSS office in Altrincham. These colleagues are equipped to provide immediate, confidential support and signposting for those experiencing mental health concerns. Four additional MHFA training courses are already scheduled for 2025 at PTSG's Castleford, Trinity, and Scotland training centres.

These developments are part of a wider strategy to ensure wellbeing is embedded throughout PTSG's operations — from leadership training to on-the-ground support. The Group continues to position itself as a people-first organisation where mental health and inclusive practice are treated as business-critical priorities.