

# PTSG Stands Strong for Mental Health on World Mental Health Day

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[Premier Technical Services Group Ltd](#) (PTSG) is reaffirming its commitment to colleague wellbeing as it marks World Mental Health Day on 10 October.

The company recognises that mental health is equally as important as physical health and continues to embed this belief across its operations. PTSG has implemented a series of initiatives to promote mental wellbeing and ensure support is accessible to all colleagues.

These initiatives include access to professional mental health resources, awareness training for managers and teams, and the promotion of an open culture where mental health can be discussed without stigma. In addition, PTSG runs wellbeing programmes designed to encourage a healthy work-life balance and build resilience across its workforce.

A spokesperson for PTSG said: "Mental health is not a one-day focus - it's a core part of how we operate. We're proud to foster a supportive environment where colleagues feel valued, heard and empowered."

Through its continued focus on wellbeing, PTSG aims to create a positive and inclusive workplace where everyone can thrive, both personally and professionally.